



# LEXINGTON COUNTY SHERIFF'S FOUNDATION

QUARTERLY NEWSLETTER

AUGUST 7, 2015



## 9th Annual Jailbreak 5K

It was a beautiful morning on May 23, 2015 when over 750 participants came together to compete in the 9th Annual Jailbreak 5K benefiting the Lexington County Sheriff's Foundation. There were 663 timed finishers and approximately 100 guest participants from the U.S. Army Drill Sergeant School at Fort Jackson.

Participants enjoyed a "new" course this year for the 5K, which was the reverse of the old course. Feedback from runners and racers was extremely positive about the new route, and new course records were set! Sheriff Koon cheered on participants, including his wife and mother-in-law, and handed out awards to the overall winners as well as the age group winners.

This event would not have been possible without the 170 volunteers, including 30 members of the Lexington County Community Emergency Response Team. Our race would not be possible without the help of our outstanding volunteers. Thanks for your hard work!

To the right is the list of overall category winners, but congratulations to all the winners and participants! While the final numbers are not in, it looks like roughly \$7,000 was raised for the Foundation. We look forward to seeing everyone next year for the 10th Anniversary Jailbreak!!

## Jailbreak 5K WINNERS



### OVERALL MALE WINNERS

- |                  |  |
|------------------|--|
| <b>1st Place</b> | <b>Cleophas Ngetich</b><br>14 min. 14 sec. |
| <b>2nd Place</b> | <b>Hillary Too</b><br>14 min. 15 sec.      |
| <b>3rd Place</b> | <b>Adam Freudenthal</b><br>14 min. 59 sec. |

### OVERALL FEMALE WINNERS

- |                  |  |
|------------------|--|
| <b>1st Place</b> | <b>Hellen Jemutai</b><br>17 min., 11 sec.    |
| <b>2nd Place</b> | <b>Loice Kangogo</b><br>17 min., 27 sec.     |
| <b>3rd Place</b> | <b>Alyssa Bloomquist</b><br>17 min., 34 sec. |

### MASTERS DIVISION

- |                         |                      |
|-------------------------|----------------------|
| <b>1st Place Male</b>   | <b>Eric Ashton</b>   |
| <b>1st Place Female</b> | <b>Shannon Iriel</b> |

### GRANDMASTERS DIVISION

- |                         |                        |
|-------------------------|------------------------|
| <b>1st Place Male</b>   | <b>Mark Bedenbaugh</b> |
| <b>1st Place Female</b> | <b>Jeanna Moffett</b>  |

### CLYDESDALE DIVISION

- |                       |                      |
|-----------------------|----------------------|
| <b>1st Place Male</b> | <b>Will Cheatham</b> |
|-----------------------|----------------------|

### ATHENA DIVISION

- |                       |                     |
|-----------------------|---------------------|
| <b>1st Place Male</b> | <b>Sara O'Brien</b> |
|-----------------------|---------------------|

### 2015 Board Members

**Jacob Cook - Chair**  
Sun Solutions

**John Bozard - Vice Chair**  
First Citizens Bank

**Brian Kunar - Treasurer**  
Wells Fargo Bank

**Jamie Addison**  
First Community Bank

**Pat Ayers**  
Retired

**Robin Brown**  
First Community Bank

**Becky Dickson**  
Retired

**Brandon Jeffcoat**  
Clarks Termite & Pest Control

**Rachel Popkowski**  
Livingston Insurance Agency

**Jeff Sarokas**  
Lowcountry Billing Services

### Lexington County Sheriff's Department Liaisons

**Captain Lee Marshall**  
**Tammy Taylor**

## Thank You to the Greater Cayce/West Columbia Chamber of Commerce!!

The Foundation would like to thank the Greater Cayce/West Columbia Chamber of Commerce. In May at their monthly breakfast meeting, the Chamber recognized the Lexington County Sheriff's Foundation in their non-profit spotlight. Donations were collected and presented to the foundation. We thank the Chamber and its members for their support of the Lexington County Sheriff's Foundation. These funds will help support the men and women of the Sheriff's Department that serve our community.

## There's a New Sheriff in Town

On April 24, 2015, Jay Koon was sworn in as the 39th Sheriff of Lexington County before hundreds of family, friends, government officials, and law enforcement officers. Prior to winning the special election for the Sheriff's seat, Sheriff Koon served as the Assistant Chief of Police for the Town of Lexington.

The Lexington County Sheriff's Foundation is excited to work with Sheriff Koon and his staff to ensure our Foundation continues to support the many great men and women of the Sheriff's Department in protecting our beloved community. Sheriff Koon has already met with LCSF board to discuss how the foundation might best serve the Department. In addition, we look forward to Sheriff Koon becoming a regular contributor to our quarterly newsletter. So stay tuned for the fall edition!

## Thank you, Rich and Sparky!

The Lexington County Sheriff's Foundation Board would like to thank Rich Bolen and Frank "Sparky" Douglass for their many years of service on the Foundation's board. Their service to the Foundation, the employees of the LCSF, and the citizens of Lexington County are great examples for us to follow in our own lives. If you see Rich or Sparky, please tell them thank you for what they did and continue to do for our great county!

## Mark Your Calendars for the 2015 Jailbreak Escape Urban Challenge Run!

The Jailbreak Escape Urban Challenge Run is a 3.1 mile run with obstacles and crossfit-style exercises designed to challenge participants of all ages and fitness levels.

The course is completed in teams of two, with teams competing in three different divisions: male, female, and co-ed. Participants not interested in competing against others are encouraged to join us and run the course as a "completer".

**DATE:** Saturday, August 22, 2015

**TIME:** 8:00 am

**PLACE:** Lexington County Sheriff's Department  
521 Gibson Road, Lexington, SC

For more information or to volunteer, contact Jesse Laintz at [jlaintz@lcsd.sc.gov](mailto:jlaintz@lcsd.sc.gov).

Click on the following link for more information and a registration form:

<http://www.lexingtoncountysheriffsfoundation.com/NewsEvents/events/JailbreakEscape/index.html>

**Note: The Lexington County Sheriff's Foundation Board has two open board seats. If you are interested in joining this board, please contact us through our website at**

<http://www.lexingtoncountysheriffsfoundation.com/Contacts/>

